

# BIS Worksheet

What is your story? Write about experiences that illustrate your interest in your proposed areas of study. Consider the following questions for information your story might provide:

What are your strengths? skills? abilities?

How/when did you identify these strengths/skills/abilities?

What are your interests? Why do these things interest you?

What do you love to do? Why?

What is important to you? Why?

What do you aspire to do? Why?

What are your values? What motivates you? To better figure this out, try the values card sort at:  
<http://oca.cce.umn.edu/prototypes/cardsort/values/>

What do you study in your three areas of study (how would you define each field)?

What skills do you gain from each area?

To get a sense of how to tell your “story” as it relates to your BIS program, check out the sample proposals at:  
<http://idp.class.umn.edu/programrequirements/sampleproposals.html>